



# Stronger in society

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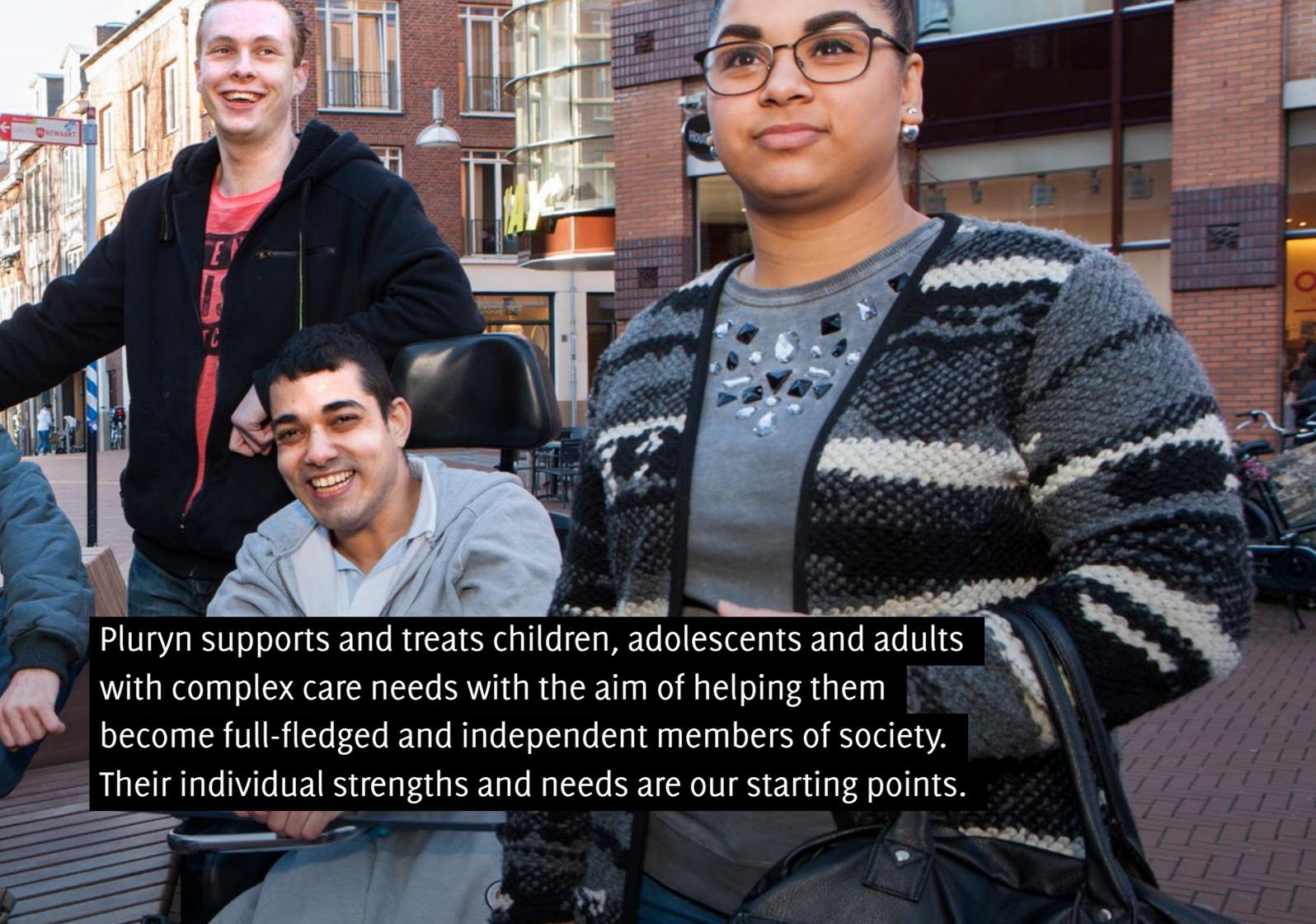
**Pluryn**

*Treatment and support for people  
with complex care issues*



# Stronger in society

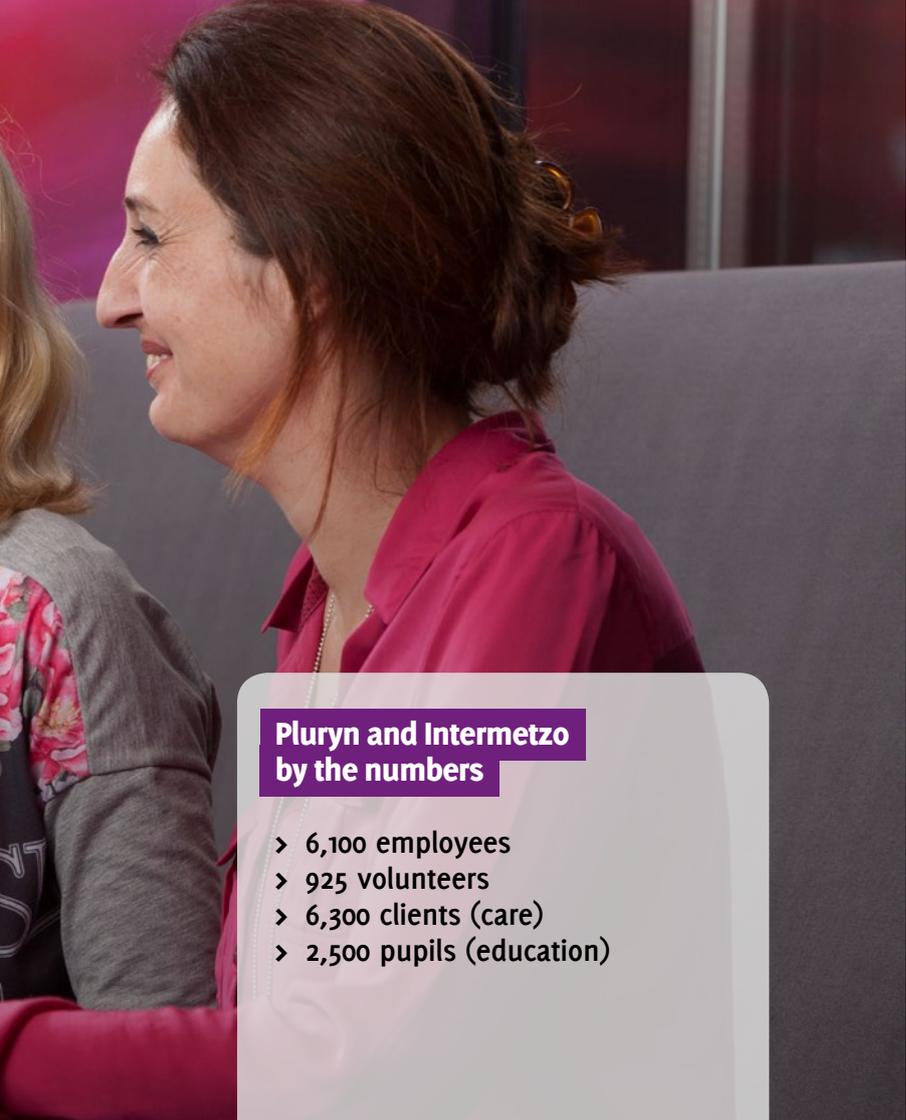
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Pluryn supports and treats children, adolescents and adults with complex care needs with the aim of helping them become full-fledged and independent members of society. Their individual strengths and needs are our starting points.



**Cutting-edge care**



## Pluryn and Intermetzo by the numbers

- > 6,100 employees
- > 925 volunteers
- > 6,300 clients (care)
- > 2,500 pupils (education)

Pluryn is a cutting-edge health-care organisation in the Netherlands. We cater to children, adolescents and adults across the country, both at home and in our facilities that specialise in youth care, disabled care and mental health care. Living, learning, working and enjoying life are integral components of our care philosophy. Pluryn is active at hundreds of locations, most of which in the central and eastern part of the country.

On 1 September 2016, Pluryn acquired Intermetzo, which provides specialised care and treatment to young people aged 0-24 with complex problems.



# Youth care

as short as possible  
as long as necessary

Some young people have problems that are too big to face alone. These often involve behavioural problems, sometimes combined with a mild intellectual disability, or family problems. We provide at-home supervision, outpatient treatment and, if the situation requires, a temporary stay at one of our treatment centres. These centres provide young people with a peaceful environment and a wide range of education, treatment, therapy and leisure activities.

# Adults

## a quick and suitable solution

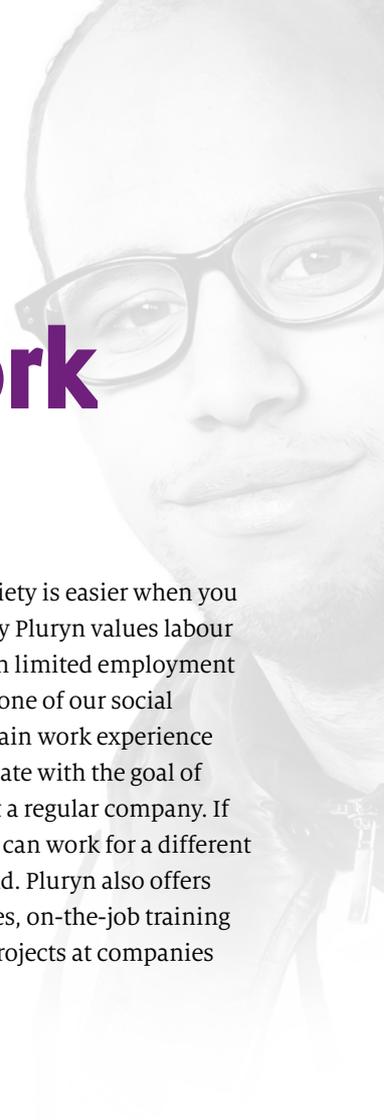
Everyone wants to live their own life. The same is true of people with multiple care needs, such as physical disabilities, behavioural problems, psychiatric problems, trouble with the law or a combination of these. Pluryn helps by providing treatment and assisting clients in their daily lives, work, education and leisure activities. We provide suitable solutions at home, in the neighbourhood and, if the situation requires, at one of our comfortable facilities.





# Back to work

Participating in society is easier when you have a job, which is why Pluryn values labour integration. People with limited employment opportunities can join one of our social enterprises. They can gain work experience and even earn a certificate with the goal of transitioning to a job at a regular company. If this isn't possible, they can work for a different social enterprise instead. Pluryn also offers access to activity centres, on-the-job training companies and work projects at companies and institutions.





# Learning every day

Education is an important building block for living as independently as possible. Plurny has its own special education schools at fixed sites and within the community. We also partner with traditional schools. Many people benefit from courses and training sessions to help get them back to work or learn to live more independently. These include sessions about money management, social interaction and socially-acceptable behaviour. Plurny also offers vocational training programmes for adolescents and adults.

# Sports, games & culture

Sports, games & culture are important at Plurn. A good leisure activity helps people participate more actively in society. They discover new things, achieve goals, learn about healthy lifestyles and work on their self-confidence. No treatment can compete with that! Plurn organises numerous activities at its various locations, but encourages clients to join regular social clubs as much as possible.

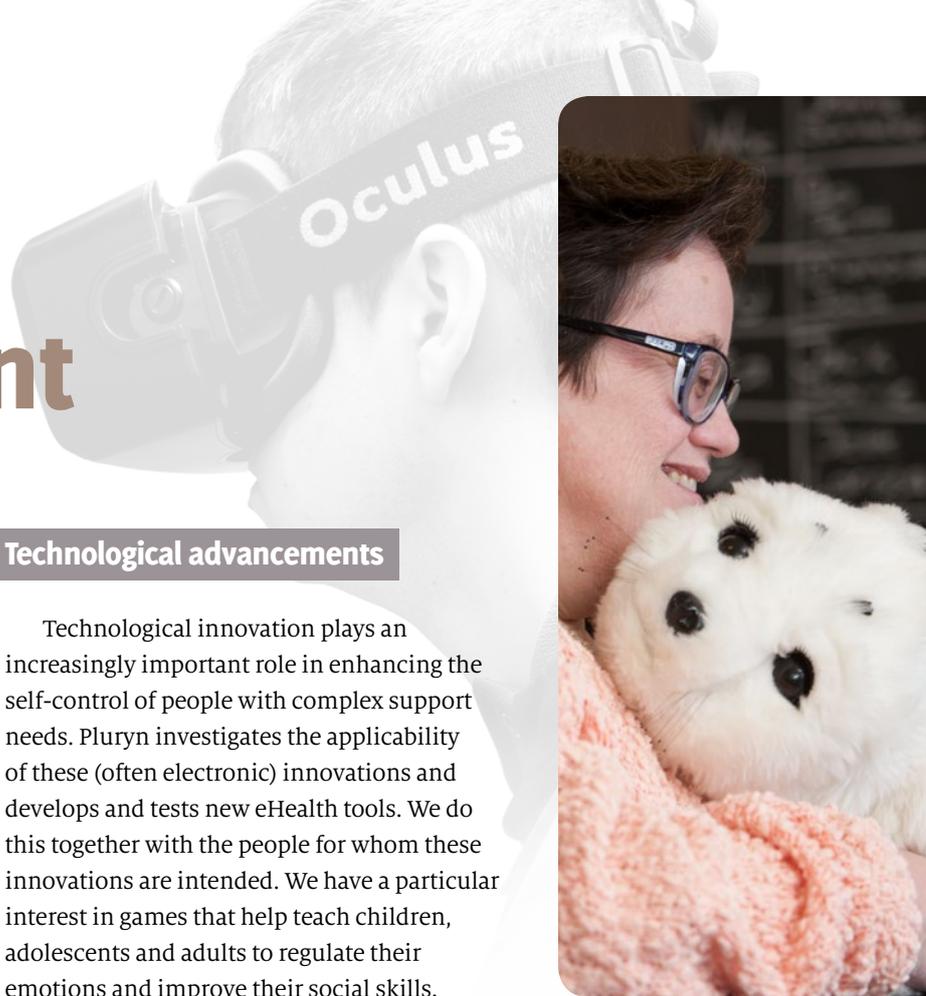


# Continuous improvement

Our clients deserve the very best treatment and support, which is why we continuously strive to improve our services. Our Research & Development (R&D) department plays an important role in this by conducting systematic research on the effects of existing methods. They then link the results to the latest scientific insights to create even more innovative services.

## Technological advancements

Technological innovation plays an increasingly important role in enhancing the self-control of people with complex support needs. Pluryn investigates the applicability of these (often electronic) innovations and develops and tests new eHealth tools. We do this together with the people for whom these innovations are intended. We have a particular interest in games that help teach children, adolescents and adults to regulate their emotions and improve their social skills.



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